

Suburban East Conference Championship Meet - 5/24/2011 to 5/26/2011  
5/24/2011 to 5/26/2011

Event 2 Boys 4x800 Meter Relay

SEC: R 7:59.77 2003 Stillwater, Stillwater			
E Saltman, J Watson, A Bolt, C Bushman			
School		Finals	Points
1 Roseville Area 'A'		8:08.79	18
1) Toso, Sam 11	2) Holt, Jason 12		
3) Joyer, Tony 10	4) Carlson, Matt 12		
2 Mounds View 'A'		8:09.43	15
3 Stillwater Area 'A'		8:10.52	12
1) Choe, Josh 11	2) Johnson, Eric 12		
3) Parendo, Brett 12	4) Bjork, Andrew 12		
4 Forest Lake 'A'		8:16.07	9
1) D'Entramont, Phil 11	2) Jackson, Joe 11		
3) Long, Ben 11	4) Herbert, Eric 11		
5 Woodbury 'A'		8:27.33	6
1) Becher, Leighton 12	2) Voit, Taylor 9		
3) Evans, Sam 11	4) Gomeztagle, Christian 12		
6 White Bear Lake Area 'A'		8:30.88	4
1) Luecke, Adam 10	2) Winters, Mitch 9		
3) Larson, Joe 10	4) Troske, Derek 11		
7 Hastings 'A'		8:32.12	3
1) Thom, Austin 12	2) Human, Lukas 10		
3) Woolery, Matt 10	4) Kane, Alex 10		
8 Park 'A'		8:34.53	2
1) Briggs, Robert 11	2) Rhein, Cole 11		
3) Klingbeil, Dale 10	4) Fishbaugher, Cade 10		
9 Cretin-Derham Hall 'A'		8:39.16	1
1) Docherty, Kevin 10	2) Jancik, Tom 12		
3) Zastrow, James 12	4) Segar, Oscar 9		
10 East Ridge 'A'		8:57.92	
1) Schmidt, Eric 10	2) Ollrich, Augie 9		
3) Slette, Alex 10	4) Rodriguez, Mario 10		

Event 3 Girls 100 Meter Hurdles

SEC: R 14.74 2009 Kayla Sawtell, Mounds View			
Name	Year School	Finals	Points
1 Strong, Molly	12 Cretin-Derha	15.64	12
2 Salmanpour, Sophia	12 Roseville Ar	15.73	10
3 Cheesboro, Caitlin	9 East Ridge	16.11	8
4 Schroeder, Leslie	12 White Bear L	16.44	6
5 Mason, Kai	11 Mounds View	16.61	5
6 Kirkland, Amanda	11 White Bear L	16.85	4
7 Litecky, Elsa	11 Forest Lake	17.20	3
8 McGarry, Kelly	12 Stillwater A	17.30	2
9 Getting, Maddie	11 Roseville Ar	17.74	1

Event 4 Boys 110 Meter Hurdles

SEC: R 14.64 2007 Sean Duling, Mounds View			
Name	Year School	Finals	Points
1 Alowonle, RJ	11 Park	14.58R	12
2 Davis, Marshall	12 Stillwater A	14.89	10
3 Wells, Emeche	11 Roseville Ar	15.09	8
4 Dircks, Austin	11 Mounds View	15.60	6
5 Johnson, Davis	11 Woodbury	15.63	5

6	Walton, Cody	10	Forest Lake	15.88	4
7	Larson, Ben	12	Mounds View	15.96	3
8	Borowicz, Tyler	12	White Bear L	16.08	2
9	Perra, Cameron	12	Cretin-Derha	16.48	1

Event 5 Girls 100 Meter Dash

SEC: R 12.24 2009		Story Nesbit, Roseville			
Name	Year	School	Finals	Points	
1	Pierce, Velania	11	Roseville Ar	12.49	12
2	Ogunrinde, Temi	9	Park	12.50	10
3	Rogers, Grace	9	Woodbury	12.71	8
4	Mullin, Jenny	11	Mounds View	12.73	6
5	Gorres, Ally	7	Park	12.76	5
6	Belsito, Alyssa	11	Mounds View	12.76	4
7	Adkins, Bethany	11	Stillwater A	13.08	3
8	Crain, Alex	11	Stillwater A	13.15	2
9	Allen, Molly	12	Stillwater A	13.25	1

Event 6 Boys 100 Meter Dash

SEC: R 10.75 2008		Sean King, Cretin-Derham Hall			
Name	Year	School	Finals	Points	
1	Farley, D'Monte	11	Park	11.12	12
2	Tyson, Tommy	11	Forest Lake	11.17	10
3	El-Afandi, Caleb	12	Roseville Ar	11.31	8
4	Stanley, David	12	Roseville Ar	11.38	6
5	Okeleye, Ezekiel	12	East Ridge	11.38	5
6	Gutierrez, Irving	10	Park	11.44	4
7	Gardner, Max	11	Cretin-Derha	11.72	3
8	Huerta, Valentin	11	East Ridge	11.81	2

Event 7 Girls 4x200 Meter Relay

SEC: R 1:42.83 2010		Roseville Area, Roseville		
C Kieger, E Wilson, M Bannerman-Thompson, V Pierce		School	Finals	Points
1	Roseville Area 'A'		1:44.46	18
	1) Edman, Emily 9	2) Wilson, Ellie 12		
	3) Sekenwa, Namsy 11	4) Price, Ashani 12		
2	Stillwater Area 'A'		1:44.66	15
	1) Allen, Molly 12	2) Kempenich, Kelcie 11		
	3) Crain, Alex 11	4) Phippen, Natalie 10		
3	Mounds View 'A'		1:47.37	12
	1) Titterud, Laurisa 11	2) Pfaffe, Paige 12		
	3) Severson, Allie 9	4) Toninato, Emily 12		
4	East Ridge 'A'		1:47.69	9
	1) Schmitt, Brianna 9	2) Amend, Megan 10		
	3) Ickstadt, Alicia 11	4) Ethier, Nicole 11		
5	White Bear Lake Area 'A'		1:49.77	6
	1) Watson, Hannah 12	2) Smith, Aja 11		
	3) Kinnel, Skye 12	4) Shryer, Maja 12		
6	Forest Lake 'A'		1:51.17	4
	1) Thordson, Liz 10	2) Haseman, Emma 12		
	3) Cheikh, Amina 10	4) Dhaene, Jessica 10		
7	Woodbury 'A'		1:51.87	3
	1) Haut, Maddy 10	2) Adeola, Faith 10		
	3) Herzberg, Kat 11	4) Roman, Devan 10		
8	Park 'A'		1:52.38	2
	1) Banks, Karen 11	2) Turner, Sharmaine 10		

3) Clausen, Brittany 11	4) Kothe, Rachel 11		
9 Hastings 'A'		1:56.19	1
1) Engstrom, Taylor 9	2) Nolan, Allie 10		
3) Schutt, Jenny 9	4) Clothier, Bailey 9		

Event 8 Boys 4x200 Meter Relay

=====				
SEC: R 1:29.07		2007	Mounds View, Mounds View	
School			J Copley, A Balzer, K Bradley, J Brunnette	
=====			Finals	H# Points
=====				
1	White Bear Lake Area 'A'		1:28.31R	2 18
	1) Burke, Neal 10	2) Gebeke, Eric 11		
	3) Glasgow, Matt 12	4) McCoy, John 12		
2	Stillwater Area 'A'		1:28.48R	2 15
	1) Day, Makao 10	2) Ricci, Nate 10		
	3) Baglio, Jack 12	4) Goff, Neal 11		
3	Roseville Area 'A'		1:32.31	1 12
	1) Dykes, Daron 10	2) Smith, DeAntre 10		
	3) Stampley, David 9	4) Barclay, Elvis 10		
4	Park 'A'		1:34.41	2 9
	1) Gutierrez, Irving 10	2) Fraboni, Dominic 12		
	3) Omot, August 12	4) Simoson, Gabe 11		
5	Forest Lake 'A'		1:34.78	2 6
	1) Greene, Zach 12	2) Invie, Eric 12		
	3) Carr, Rich 10	4) Walton, Cody 10		
6	Hastings 'A'		1:35.25	1 4
	1) Kimmes, Dustin 11	2) Cysiewski, Travis 12		
	3) Saccoman, Spencer 11	4) Wilkerson, Darius 11		
7	Cretin-Derham Hall 'A'		1:36.97	1 3
	1) March, Zach 12	2) Reed, Joe 10		
	3) Kunzer, Alex 9	4) Banham, Blake 9		
8	Woodbury 'A'		1:37.02	2 2
	1) Al-Hameed, Quran 10	2) Taylor, Chris 10		
	3) Osifuye, John 10	4) Turner, Ethan 10		
--	Mounds View 'A'		DQ	2

Event 9 Girls 1600 Meter Run

=====				
SEC: R 5:03.28		2004	Ladia Albertson, Stillwater	
Name	Year	School	Finals	Points
=====				
1	Nielsen, Sammy	10 Roseville Ar	5:10.32	12
2	Hewes, Caitlin	12 Stillwater A	5:13.06	10
3	Coulter, Kelsey	12 White Bear L	5:15.18	8
4	Gray, Emma	12 Roseville Ar	5:16.93	6
5	Colvin, Larissa	8 Stillwater A	5:17.27	5
6	Cordes, Allison	10 Roseville Ar	5:25.21	4
7	Morley, Maria	10 Stillwater A	5:27.00	3
8	Moynihan, Anna	11 East Ridge	5:27.36	2
9	Van Bergen, Abbie	8 Forest Lake	5:32.82	1
10	Johnston, Molly	9 Cretin-Derha	5:33.23	
11	Balzer, Nicole	10 Mounds View	5:33.94	
12	Knopf, Beth	11 Mounds View	5:33.95	
13	Huston, Taylor	12 Stillwater A	5:39.30	
14	Maatta, Liz	10 East Ridge	5:39.66	
15	Johnson, Dayna	12 White Bear L	5:44.90	
16	Strandberg, Bri	10 Hastings	5:46.66	
17	Clark, Ashley	11 Mounds View	5:48.01	
18	Baker, Jenna	9 White Bear L	5:49.67	
19	Spanjers, Jeanette	10 Forest Lake	5:53.02	
20	Besser, Therese	10 East Ridge	5:53.67	
21	Dingman, Erin	9 Mounds View	5:56.57	

22 Kaiser, Rachel	12 White Bear L	5:56.89
23 Galleberg, Mackenzie	11 Forest Lake	5:57.05
24 England, Makaila	9 Hastings	5:57.81
25 Williams, Maddie	12 Roseville Ar	5:58.36
26 Twohig, Grace	10 Woodbury	5:58.89
27 Pothen, Jackie	8 Forest Lake	5:59.29
28 Anderson, Brooke	10 Park	5:59.52
29 Cahall, Ashley	12 Woodbury	6:03.80
30 Modl, Laura	11 Cretin-Derha	6:04.88
31 Lance, Lesley	11 Woodbury	6:07.40
32 Nolan, Marissa	10 Hastings	6:09.41
33 Curtis, Kate	9 Hastings	6:14.92
34 Sutliff, Natalie	11 Park	6:24.52
35 Birdsall, Erin	11 Roseville Ar	6:37.39

Event 10 Boys 1600 Meter Run

=====				
SEC: R 4:13.59		2010	Brian Brochman, Stillwater	
Name	Year	School	Finals	Points
=====				
1 Linner, Tom	11	Stillwater A	4:21.31	12
2 Jackson, Joe	11	Forest Lake	4:22.12	10
3 Hall, Wayde	10	Stillwater A	4:26.87	8
4 Aarness, Tayler	9	Stillwater A	4:30.35	6
5 Elfstrom, Sam	11	Roseville Ar	4:36.65	5
6 Reichow, Joel	11	White Bear L	4:37.40	4
7 Scott, Sean	11	White Bear L	4:40.45	3
8 Smith, Colby	9	Hastings	4:41.14	2
9 Chu, Matthew	11	Stillwater A	4:41.23	1
10 Hessini, Andre	9	Mounds View	4:41.84	
11 Larson, Paul	10	Stillwater A	4:43.39	
12 Hyland, Braeden	11	East Ridge	4:44.55	
13 Bonneson, Evan	9	Park	4:44.78	
14 Hasse, Jacob	10	Roseville Ar	4:45.14	
15 Wang, Max	10	Mounds View	4:45.55	
16 Rabaey, Joseph	10	Hastings	4:45.95	
17 Orf, Nathan	9	Woodbury	4:46.83	
18 Tan, Jeremy	12	Roseville Ar	4:47.13	
19 Keller, Jack	12	Stillwater A	4:47.39	
20 Shah, Garrett	8	White Bear L	4:47.81	
21 Dahl, Jeremy	11	Mounds View	4:48.27	
22 Kacmarynski, Evan	10	Roseville Ar	4:48.95	
23 Weiland, Christian	10	Hastings	4:50.18	
24 Corcoran, Eric	11	Stillwater A	4:50.76	
25 Anderson, Thomas	10	White Bear L	4:50.99	
26 Jankowski, Jacob	10	Forest Lake	4:52.14	
27 Breube, Ethan	8	Park	4:53.26	
28 Wittman, Luke	11	Woodbury	4:55.15	
29 Tarrant, Riley	11	Hastings	4:56.10	
30 Stauder, Scott	12	Mounds View	4:56.46	
31 McCann, Jack	10	Woodbury	5:01.04	
32 Nolan, Connor	12	Cretin-Derha	5:03.64	
33 Alexander, David	11	Mounds View	5:06.62	
34 McDermott, Jacob	9	Cretin-Derha	5:08.24	
35 Blustein, Tony	11	Mounds View	5:09.11	
36 Defor, Jay	10	Cretin-Derha	5:09.79	
37 Krukowski, Jake	10	Cretin-Derha	5:10.92	
38 Faller, Roman	9	East Ridge	5:11.40	
39 Isely, Kevin	12	Park	5:15.09	
40 Boardman, Samuel	9	East Ridge	5:21.02	
41 Feidt, Devin	9	Forest Lake	5:22.71	
42 Isely, Chris	12	Park	5:23.30	
43 Kelley, Alex	11	Forest Lake	5:30.47	

## Event 11 Girls 4x100 Meter Relay

SEC: R 48.33 2008		Roseville, Roseville	
S Nesbit, S Baker, MA Bannerman-Thompson, C Jensen		Finals	H# Points
School			
1 Mounds View 'A'		49.77	2 18
1) Mullin, Jenny 11	2) Mason, Kai 11		
3) Belsito, Alyssa 11	4) Pfaffe, Paige 12		
2 Woodbury 'A'		50.78	2 15
1) Haut, Maddy 10	2) Rogers, Grace 9		
3) Huska, Lisa 10	4) Versaguis, Gina 8		
3 East Ridge 'A'		51.28	1 12
1) Joiner, Jamila 10	2) Dudley, Aubrey 9		
3) Weiss, Jordan 9	4) Ickstadt, Alicia 11		
4 White Bear Lake Area 'A'		51.32	2 9
1) Kinnel, Skye 12	2) Hawkinson, Katie 9		
3) Diego, Bryana 9	4) Shryer, Maja 12		
5 Stillwater Area 'A'		51.53	2 6
1) Allen, Molly 12	2) Adkins, Bethany 11		
3) Ikuta, Karina 8	4) Larson, Annika 12		
6 Forest Lake 'A'		52.17	2 4
1) Haseman, Emma 12	2) Kirchner, Krista 11		
3) Cheikh, Amina 10	4) Sievers, Amanda 10		
7 Park 'A'		55.02	2 3
1) Turner, Sharmaine 10	2) Banks, Karen 11		
3) Clarke, Corrina 11	4) Kothe, Rachel 11		
8 Hastings 'A'		55.47	1 2
1) Risch, Jessie 9	2) Iwasko, Alex 10		
3) Hollar, McKensie 12	4) Shepherd, Morgan 9		
-- Roseville Area 'A'		DQ	2
1) Dickson, Danielle 12	2) Payne, Amber 9		
3) Quigley, Katie 9	4) Pierce, Velaina 11		
-- Cretin-Derham Hall 'A'		DQ	1

## Event 12 Boys 4x100 Meter Relay

SEC: R 42.80 2008		Forest Lake, Forest Lake	
D Grant, M Koenig, D Blaser, D Keep		Finals	H# Points
School			
1 Park 'A'		42.74R	2 18
1) Mair, Benjamin 12	2) (Rj) Alowonle, Rilwan 11		
3) Smallidge, Dylan 10	4) Farley, D'Monte 11		
2 Roseville Area 'A'		43.10	2 15
1) El Afandi, Caleb 12	2) Hubbard, Wilbur 12		
3) Adams, Justin 12	4) Stanley, David 12		
3 East Ridge 'A'		43.14	2 12
1) Okeleye, Ezekiel 12	2) Lyons, Connor 12		
3) Huerta, Valentin 11	4) Ogundepo, Oludayo 11		
4 Forest Lake 'A'		44.00	2 9
1) Greene, Zach 12	2) Massey, Tyler 12		
3) Tyson, Tommy 11	4) Invie, Eric 12		
5 White Bear Lake Area 'A'		44.03	2 6
1) Burke, Neal 10	2) Williams, Marcel 11		
3) Simanski, Trevor 10	4) Glasgow, Matt 12		
6 Mounds View 'A'		44.56	2 4
1) Laszlo, Cole 12	2) Dornbush, Jordan 12		
3) Emberley, Sean 12	4) Krause, Mitch 12		
7 Woodbury 'A'		45.03	1 3
1) Wilson, Junius 11	2) Al-Hameed, Quran 10		
3) Iselewa, Dimeji 11	4) Abodunde, Abiola 10		

8	Stillwater Area 'A'		45.29	2	2
	1) Lammi, Jake 12	2) Lydell, Michael 10			
	3) Smith, Zach 11	4) Cousineau, Ryan 11			
9	Cretin-Derham Hall 'A'		46.58	1	1
	1) March, Zach 12	2) Reed, Joe 10			
	3) Banham, Blake 9	4) Hallman, Jalen 9			
10	Hastings 'A'		47.32	1	
	1) Kimmes, Dustin 11	2) Anderson, Chris 12			
	3) Saccoman, Spencer 11	4) Burr, Brian 10			

Event 13 Girls 400 Meter Dash

SEC: R 56.57 2005		Sandy Jorgenson, Woodbury			
Name	Year	School	Finals	Points	
1	Linder, Megan	9 Cretin-Derha	56.69	12	
2	Ogunrinde, Temi	9 Park	57.21	10	
3	Ethier, Nicole	11 East Ridge	57.62	8	
4	Bethke, Kelsey	12 Mounds View	57.89	6	
5	Sekenwa, Namsy	11 Roseville Ar	59.34	5	
6	Titterud, Laurisa	11 Mounds View	59.99	4	
7	Versaguis, Gina	8 Woodbury	1:00.58	3	
8	Gorres, Ally	7 Park	1:05.52	2	

Event 14 Boys 400 Meter Dash

SEC: R 48.50 2004		Paul Harris, Woodbury			
Name	Year	School	Finals	Points	
1	Roese, Nate	10 East Ridge	48.76	12	
2	McCoy, John	12 White Bear L	49.02	10	
3	Ricci, Nate	10 Stillwater A	50.03	8	
4	Adams, Justin	12 Roseville Ar	51.10	6	
5	Doffing, Ryan	12 Hastings	52.35	5	
6	Jorgensen, Erik	11 East Ridge	52.57	4	
7	Miller, Martin	12 Roseville Ar	53.23	3	

Event 15 Girls 300 Meter Hurdles

SEC: R 45.01 2006		Ekene Obi, Cretin Derham Hall			
Name	Year	School	Finals	Points	
1	Mullin, Jenny	11 Mounds View	45.99	12	
2	Johnson, Natalie	9 Stillwater A	46.85	10	
3	Salmanpour, Sophia	12 Roseville Ar	47.08	8	
4	Schroeder, Leslie	12 White Bear L	47.31	6	
5	Dhaene, Jessica	10 Forest Lake	47.81	5	
6	Huska, Lisa	10 Woodbury	48.07	4	
7	Schultz, Lauren	12 Mounds View	48.99	3	
8	Nelson, Kati	11 Mounds View	49.08	2	
9	Bandt, Carly	9 Mounds View	49.49	1	

Event 16 Boys 300 Meter Hurdles

SEC: R 38.59 2005		Rupert Bannerman-Thompson, Roseville			
Name	Year	School	Finals	Points	
1	Alowonle, RJ	11 Park	38.11R	12	
2	Wells, Emeche	11 Roseville Ar	39.83	10	
3	Walton, Cody	10 Forest Lake	40.55	8	
4	Johnson, Davis	11 Woodbury	40.92	6	
5	El-Afandi, Caleb	12 Roseville Ar	41.00	5	
6	Haugen, Kyle	11 Woodbury	41.04	4	

7	Hubbard, Wilbur	12	Roseville Ar	41.26	3
8	Le, Mitch	12	White Bear L	41.45	2
9	Perra, Cameron	12	Cretin-Derha	42.99	1

Event 17 Girls 800 Meter Run

=====					
SEC: R 2:17.05		2010	Lauren Domski, Woodbury		
Name	Year	School	Finals	Points	
=====					
1	Domski, Lauren	12	Woodbury	2:17.78	12
2	Hewes, Caitlin	12	Stillwater A	2:18.81	10
3	Dyson, Becca	12	Roseville Ar	2:18.81	8
4	Nielsen, Sammy	10	Roseville Ar	2:19.67	6
5	Twohig, Emily	11	Woodbury	2:20.24	5
6	Julia Knippel, 12		Cretin-Derha	2:21.50	4
7	Lurken, Larissa	10	Park	2:23.47	3
8	Ternes, Allison	9	White Bear L	2:24.34	2
9	Colvin, Larissa	8	Stillwater A	2:24.57	1
10	Peterson, Elizabeth	12	Forest Lake	2:25.44	
11	Thobe, Cassie	11	Forest Lake	2:25.63	
12	Cordes, Allison	10	Roseville Ar	2:26.50	
13	Brisbois, Caroline	9	Roseville Ar	2:29.47	

Event 18 Boys 800 Meter Run

=====					
SEC: R 1:54.36		2004	Jake Watson, Stillwater		
Name	Year	School	Finals	Points	
=====					
1	Gebeke, Eric	11	White Bear L	1:55.42	12
2	Linner, Tom	11	Stillwater A	1:58.38	10
3	Parendo, Brett	12	Stillwater A	1:59.15	8
4	Jackson, Joe	11	Forest Lake	1:59.19	6
5	Gomeztagle, Christian	12	Woodbury	1:59.20	5
6	Johnson, Eric	12	Stillwater A	2:00.45	4
7	Herbert, Eric	11	Forest Lake	2:01.47	3
8	Becher, Leighton	12	Woodbury	2:02.83	2
9	Toso, Sam	11	Roseville Ar	2:03.27	1
10	D'Entramont, Phil	11	Forest Lake	2:04.10	
11	Carlson, Matt	12	Roseville Ar	2:04.52	
12	Long, Ben	11	Forest Lake	2:05.30	

Event 19 Girls 200 Meter Dash

=====					
SEC: R 25.27		2008	Leah Hansen, Mounds View		
Name	Year	School	Finals	Points	
=====					
1	Linder, Megan	9	Cretin-Derha	25.36	12
2	Wilson, Ellie	12	Roseville Ar	25.68	10
3	Ethier, Nicole	11	East Ridge	25.98	8
4	Toninato, Emily	12	Mounds View	26.42	6
5	Phippen, Natalie	10	Stillwater A	26.44	5
6	Crain, Alex	11	Stillwater A	26.54	4
7	Adkins, Bethany	11	Stillwater A	26.89	3
8	Pfaffe, Paige	12	Mounds View	26.98	2
9	Shryer, Maja	12	White Bear L	27.04	1

Event 20 Boys 200 Meter Dash

=====					
SEC: R 22.01		2008	Sean King, Cretin-Derham Hall		
Name	Year	School	Finals	Points	
=====					
1	Farley, D'Monte	11	Park	22.30	12
2	Glasgow, Matt	12	White Bear L	22.35	10

3 Lyons, Connor	12	East Ridge	22.56	8
4 Tyson, Tommy	11	Forest Lake	22.57	6
5 Day, Makao	10	Stillwater A	22.63	5
6 Krause, Mitch	12	Mounds View	22.97	4

Event 21 Girls 3200 Meter Run

=====				
SEC: R 11:00.65		2004	Ladia Albetson, Stillwater	
Name	Year	School	Finals	Points
=====				
1 Ness, Bailey	9	East Ridge	11:32.36	12
2 Pratt, Cassie	11	Stillwater A	11:37.19	10
3 Wohlk, Rocci	8	Forest Lake	11:42.79	8
4 Smith, Lauren	7	Woodbury	11:48.11	6
5 Baranick, Darby	11	Woodbury	11:56.43	5
6 Jackson, Taylor	10	East Ridge	12:02.95	4
7 Benner, Emma	7	Forest Lake	12:03.76	3
8 Beissler, Abby	9	East Ridge	12:05.48	2
9 Prouty, Samantha	8	White Bear L	12:12.03	1
10 Nelson, Anna	9	Roseville Ar	12:12.82	
11 Morley, Maria	10	Stillwater A	12:15.10	
12 Strandberg, Bri	10	Hastings	12:25.65	
13 Cogan, Betsy	12	Roseville Ar	12:27.82	
14 Winberg, Holly	11	Forest Lake	12:29.98	
15 Yonker, Janelle	11	White Bear L	12:32.93	
16 Rauch, Nettie	12	Mounds View	12:39.38	
17 Galleberg, Mackenzie	11	Forest Lake	12:40.67	
18 Buchman, Elise	10	Stillwater A	12:45.92	
19 Sneltjes, Anna	12	Roseville Ar	12:47.23	
20 Modl, Laura	11	Cretin-Derha	12:47.90	
21 Nagel, Kim	11	Mounds View	12:51.67	
22 Renner, Laura	12	Mounds View	13:04.68	
23 Joyce, Caroline	10	Woodbury	13:32.57	
24 Michel, Afton	11	Stillwater A	13:35.22	
25 Drache, Susan	11	Roseville Ar	13:41.28	
26 Smith, Allissa	7	Hastings	15:33.34	

Event 22 Boys 3200 Meter Run

=====				
SEC: R 9:14.21		2006	Ben Blankenship, Stillwater	
Name	Year	School	Finals	Points
=====				
1 Colvin, Eric	10	Stillwater A	9:39.08	12
2 Docherty, Kevin	10	Cretin-Derha	9:48.54	10
3 Bjork, Sean	10	Stillwater A	9:54.12	8
4 McBurney, Michael	12	Roseville Ar	9:56.35	6
5 Anderson, Ethan	11	Stillwater A	10:05.81	5
6 Stenlund, Tim	12	Roseville Ar	10:08.29	4
7 Hoff, Michael	9	Mounds View	10:12.82	3
8 Human, Lukas	10	Hastings	10:13.89	2
9 Bell, Grady	11	White Bear L	10:15.81	1
10 Bauer, Joseph	12	Stillwater A	10:16.44	
11 Percival, Alex	8	Stillwater A	10:17.44	
12 Johnson, Evan	11	Stillwater A	10:19.41	
13 Kane, Alex	10	Hastings	10:28.47	
14 Carlson, Shane	11	Roseville Ar	10:29.05	
15 Evans, Sam	11	Woodbury	10:29.46	
16 Rudolph, Henry	10	Mounds View	10:31.03	
17 Rabaey, Joseph	10	Hastings	10:33.87	
18 Ebel, Jack	11	Forest Lake	10:39.29	
19 Lahr, Kevin	12	Mounds View	10:39.60	
20 Weiland, Christian	10	Hastings	10:45.17	
21 Schiferl, Ryan	9	East Ridge	10:49.47	



22	Zastrow, Dan	10	Cretin-Derha	10:51.19
23	Defor, Jay	10	Cretin-Derha	10:51.77
24	Zalewski, Kevin	12	Mounds View	10:54.40
25	Osborne, Lucas	11	Roseville Ar	10:54.86
26	Wentworth, Thomas	10	Mounds View	10:56.91
27	McDermott, Jacob	9	Cretin-Derha	10:59.29
28	Tigges, Nate	9	East Ridge	11:05.77
29	Brooks, Dylan	10	East Ridge	11:10.04
30	Rod, Alex	11	White Bear L	11:12.84
31	Kelley, Alex	11	Forest Lake	11:18.67
32	Solberg, Karl	10	White Bear L	11:22.53
33	Merrier, Nathan	11	Forest Lake	11:25.00
34	Lanik, Jake	8	Park	11:33.24
35	Gallogly, Ben	12	Park	11:34.20
36	Burrell, Trevor	10	Park	11:58.57
37	Christiansen, Brandon	10	Park	12:39.95

Event 23 Girls 4x400 Meter Relay

=====				
SEC: R 3:59.26		2004	Woodbury, Woodbury	
		N Belisle, S Jorgenson, S Evans, K Ridenour		
School			Finals	Points
=====				
1	Stillwater Area 'A'		3:58.96R	18
	1) Johnson, Natalie 9	2) Phippen, Natalie 10		
	3) Hewes, Caitlin 12	4) Kempenich, Kelcie 11		
2	Woodbury 'A'		3:59.43	15
	1) Twohig, Emily 11	2) Rogers, Grace 9		
	3) Versaguis, Gina 8	4) Dowski, Lauren 12		
3	Roseville Area 'A'		4:07.17	12
	1) Weber, Gabby 10	2) Sekenwa, Namsy 11		
	3) Hansen, Olivia 10	4) Wilson, Ellie 12		
4	East Ridge 'A'		4:09.50	9
	1) Joiner, Kiera 9	2) Joiner, Jamila 10		
	3) Schmitt, Brianna 9	4) Amend, Megan 10		
5	Mounds View 'A'		4:11.32	6
	1) Muellner, Emily 12	2) Pierce, Ellie 11		
	3) Johnson, Brittney 12	4) Messerly-Menk, Britta 9		
6	Forest Lake 'A'		4:17.71	4
	1) Hagen, Sarah 11	2) Thobe, Cassie 11		
	3) Peterson, Elizabeth 12	4) Lenz, Merina 10		
7	Hastings 'A'		4:20.80	3
	1) Clothier, Bailey 9	2) Norman, Hanna 8		
	3) Koop, Kaylee 9	4) Huneke, Brittney 12		
8	White Bear Lake Area 'A'		4:21.07	2
	1) Watson, Hannah 12	2) Kozak, Bethany 9		
	3) Bradbury, Mariea 9	4) Foley, Jordyn 9		
9	Park 'A'		4:24.15	1
	1) Clausen, Stephanie 9	2) Griffin, Kianna 10		
	3) Lurken, Larissa 10	4) Glazier, Jaclyn 9		

Event 24 Boys 4x400 Meter Relay

=====				
SEC: R 3:21.02		2010	White Bear Lake Area, White Bear	
		J McCoy, N Herringer, R Olson, E Gebeke		
School			Finals	H# Points
=====				
1	Stillwater Area 'A'		3:20.72R	2 18
	1) Day, Makao 10	2) Baglio, Jack 12		
	3) Davis, Marshall 12	4) Ricci, Nate 10		
2	White Bear Lake Area 'A'		3:22.71	2 15
	1) Le, Mitch 12	2) Gebeke, Eric 11		
	3) Burke, Neal 10	4) McCoy, John 12		

3	Woodbury 'A'		3:26.17	2	12
4	Roseville Area 'A'		3:28.13	2	9
	1) Adams, Justin 12	2) Hubbard, Wilbur 12			
	3) Smith, DeAntre 10	4) Wells, Emeche 11			
5	Forest Lake 'A'		3:31.15	1	6
	1) Mansmith, Andrew 11	2) Jackson, Joe 11			
	3) Long, Ben 11	4) Herbert, Eric 11			
6	East Ridge 'A'		3:31.35	2	4
	1) Lyons, Connor 12	2) Jorgensen, Erik 11			
	3) Guerra, Andy 12	4) Idowu, Dayo 12			
7	Mounds View 'A'		3:31.60	2	3
	1) Kramka, Ben 11	2) Warnes, Sam 11			
	3) Moga, Tony 9	4) Brunnette, Justin 12			
8	Park 'A'		3:35.88	2	2
9	Hastings 'A'		3:38.54	1	1
	1) Green, Jesse 10	2) Cysiewsi, Travis 12			
	3) Thom, Austin 12	4) Doffing, Ryan 12			
10	Cretin-Derham Hall 'A'		3:41.56	1	
	1) Zastrow, James 12	2) Jancik, Tom 12			
	3) Erskin, Antonio 11	4) Defor, Jay 10			

Event 25 Girls High Jump

=====					
SEC: R 5-06 2004			H Skilldum, D Smith, Mounds View, Roseville		
Name	Year	School	Finals	Points	
=====					
1	Fixsen, Olivia	9 Mounds View	5-02.00	12	
2	Zimmerman, Ali	11 Mounds View	5-00.00	10	
3	Schendel, Tana	11 Mounds View	J5-00.00	8	
4	Schnabel, Kelsey	12 East Ridge	J5-00.00	6	
5	Moore, Taylor	10 Forest Lake	4-10.00	5	
6	Zurn, McKay	10 Park	J4-10.00	3	
6	Huneke, Brittney	12 Hastings	J4-10.00	3	
6	Giebel, Allie	11 Stillwater A	J4-10.00	3	
9	Laabs, Nicole	11 Park	4-08.00	0.16	
9	Shumaker, Rachel	10 Forest Lake	4-08.00	0.16	
9	Ighovojah, Wakpor	10 Woodbury	4-08.00	0.16	
9	Johnson, Laura	11 East Ridge	4-08.00	0.16	
9	Bethke, Chelsie	9 Forest Lake	4-08.00	0.16	
9	Jaeb, Sarah	8 Forest Lake	4-08.00	0.16	
15	Norman, Hanna	8 Hastings	J4-08.00		
16	Graham, Larissa	10 Roseville Ar	J4-08.00		
17	Longendyke, Katie	9 White Bear L	J4-08.00		
18	Weiss, Jordan	9 East Ridge	4-06.00		
18	O'Neill, Kelly	12 Stillwater A	4-06.00		
18	Jakubowski, Caroline	11 Mounds View	4-06.00		
18	Roberts, Nikkol	10 Woodbury	4-06.00		
22	Sawchuck, Heather	9 Cretin-Derha	J4-06.00		
23	Lenz, Merina	10 Forest Lake	J4-06.00		
23	Schletty, Anne	12 Cretin-Derha	J4-06.00		
23	Kilgore, Katie	12 Park	J4-06.00		
23	John, Jessica	9 Hastings	J4-06.00		
23	Hollar, Nicole	10 Hastings	J4-06.00		
--	Smith, Aja	11 White Bear L		NH	
--	Olson, tiara	9 White Bear L		NH	
--	Anderson, Laura	12 Mounds View		NH	
--	Banks, Karen	11 Park		NH	
--	Schneider, Kim	11 Roseville Ar		NH	
--	Malgren, Taylor	10 Woodbury		NH	
--	Kilgore, Jenna	12 Woodbury		NH	
--	Steger, Abby	11 Cretin-Derha		NH	
--	Amos, Rachel	9 Stillwater A		NH	
--	Bailey, Celeste	11 Cretin-Derha		NH	

## Event 28 Boys Pole Vault

SEC: R 15-03 2008		Daniel Sandor, Stillwater		
Name	Year	School	Finals	Points
1 Colling, Tyler	12	Forest Lake	14-09.00	12
2 Massey, Tyler	12	Forest Lake	14-06.00	10
3 Gran, Jagger	11	Mounds View	13-06.00	8
4 Ylonen, Brett	12	Stillwater A	12-06.00	5.50
4 Lucking, Trevor	12	Hastings	12-06.00	5.50
6 O' Neill, Connor	10	Stillwater A	12-00.00	4
7 Gove, Dan	11	Hastings	J12-00.00	3
8 Lazorik, Tom	11	Mounds View	J12-00.00	2
9 Rademacher, Travis	11	White Bear L	J12-00.00	1
10 Stricker, Brett	12	Hastings	J12-00.00	
11 Swenson, Allen	10	East Ridge	11-06.00	
12 Sandor, Joey	12	Stillwater A	J11-06.00	
13 Young, Jon	10	Mounds View	J11-06.00	
14 Mason, Lucas	10	Roseville Ar	J11-06.00	
15 Zappa, Tim	11	Hastings	J11-06.00	
16 Rachuy, Jake	11	Hastings	11-00.00	
17 Burke, Brian	11	Mounds View	J11-00.00	
18 Toninato, Adam	10	Mounds View	10-06.00	
18 Kohs, Rob	12	Forest Lake	10-06.00	
20 Simanski, Trevor	10	White Bear L	J10-06.00	
21 Wagner, Alec	11	Roseville Ar	J10-06.00	
22 Hildreth, Ian	11	Park	J10-06.00	
23 Tountas, Keegan	10	Mounds View	J10-06.00	
24 Tompkins, Sean	10	Stillwater A	J10-06.00	
25 Peterson, Jess	9	Forest Lake	10-00.00	
25 Gorman, Chase	9	White Bear L	10-00.00	
25 McMahon, Jack	10	Cretin-Derha	10-00.00	
25 Arrigoni, Louie	11	Park	10-00.00	
29 Arneberg, Levi	10	Roseville Ar	J10-00.00	
29 Glass, Aaron	9	White Bear L	J10-00.00	
-- Linehan, Bryan	12	Cretin-Derha	NH	
-- Delmonico, Eric	9	White Bear L	NH	
-- Jenkins, Kevin	12	Cretin-Derha	NH	
-- Axdal, Matt	11	East Ridge	NH	
-- Conlin, Greg	10	Cretin-Derha	NH	

## Event 30 Boys Long Jump

SEC: R 23-08 2007		Tommy McNamara, Mounds View		
Name	Year	School	Finals	Points
1 Farley, D'Monte	11	Park	22-02.00	12
2 Ricci, Nate	10	Stillwater A	21-07.00	10
3 Glasgow, Matt	12	White Bear L	21-02.50	8
4 Gardner, Max	11	Cretin-Derha	21-01.50	6
5 Tyson, Tommy	11	Forest Lake	20-11.50	5
6 Turner, Ethan	10	Woodbury	20-10.50	4
7 Smallidge, Dylan	10	Park	20-06.75	3
8 Wells, Emeche	11	Roseville Ar	20-03.75	2
9 Smith, DeAntre	10	Roseville Ar	20-01.50	1
10 Idowu, Dayo	12	East Ridge	20-01.25	
11 Hubbard, Wilbur	12	Roseville Ar	20-00.50	
12 McCoy, John	12	White Bear L	20-00.25	
13 Carroll, Jake	12	Mounds View	19-11.50	
14 Washington, Jerise	12	Mounds View	19-09.00	
15 Krause, Riley	10	Mounds View	19-07.75	
16 Baglio, Jack	12	Stillwater A	19-07.00	

17	Wilson, Junius	11	Woodbury	19-04.50
18	Mair, Benjamin	12	Park	19-02.75
19	Vinson, Benard	10	White Bear L	19-02.00
20	Stanley, David	12	Roseville Ar	19-01.75
21	Smith, Zach	11	Stillwater A	18-11.75
22	Osifuye, John	10	Woodbury	18-11.00
23	Redmond, Jeremy	10	Mounds View	18-06.50
24	Lemon, Wayatt	9	White Bear L	18-06.00
25	Brewster, Kendrick	11	Cretin-Derha	18-05.75
26	Invie, Eric	12	Forest Lake	18-03.75
27	Kunzer, Alex	9	Cretin-Derha	18-03.50
28	O' Brien, Thomond	10	Stillwater A	18-00.25
29	Carr, Rich	10	Forest Lake	17-11.25
30	Meyer, Gabe	9	Park	17-06.25
31	Evansen, Wes	9	Hastings	17-03.25
32	Carlson, Brandon	12	Forest Lake	17-03.00
33	McGurran, Jeff	10	Cretin-Derha	16-11.50
--	Okeleye, Ezekiel	12	East Ridge	ND
--	Gable, Mitch	10	East Ridge	ND
--	Blomquist, Evan	9	White Bear L	ND

Event 31 Girls Triple Jump

=====				
SEC: R 39-05.50 2009 Stormy Nesbit, Roseville				
Name	Year	School	Finals	Points
=====				
1	Stuart, Megan	12	Roseville Ar	35-02.00 12
2	Schletty, Anne	12	Cretin-Derha	34-07.25 10
3	Mason, Kai	11	Mounds View	34-04.25 8
4	Labrosse, Sarah	9	Park	34-04.00 6
5	Rogers, Grace	9	Woodbury	34-02.25 5
6	Ethier, Nicole	11	East Ridge	34-01.25 4
7	Haut, Maddy	10	Woodbury	34-01.00 3
8	Handke, Laura	9	White Bear L	33-02.75 2
9	Zimmerman, Ali	11	Mounds View	33-02.25 1
10	Anderson, Sammi	9	Roseville Ar	33-00.75
11	Bandt, Carly	9	Mounds View	33-00.25
12	Amos, Rachel	9	Stillwater A	32-10.00
13	Herzberg, Kat	11	Woodbury	32-09.50
14	Christiansen, Emily	10	Roseville Ar	32-07.75
15	Ternes, Allison	9	White Bear L	32-05.25
16	Quigley, Katie	9	Roseville Ar	32-00.00
17	Pederson, Kelsey	11	Stillwater A	31-09.25
18	Johnson, Natalie	9	Stillwater A	31-07.50
19	Kilgore, Jenna	12	Woodbury	31-04.25
20	Watson, Hannah	12	White Bear L	31-03.50
21	Jakubowski, Caroline	11	Mounds View	31-02.00
22	Smoczyk, Amber	12	Forest Lake	31-01.25
23	Hunter, Brooke	10	Stillwater A	31-01.00
24	Hulkonen, Jamie	10	White Bear L	30-10.00
24	Tulloch, Kasondra	10	Park	30-10.00
26	Daninger, Mariah	9	Forest Lake	30-07.00
27	Anderson, Laura	12	Mounds View	30-03.75
28	Kopp, Kaylee	9	Hastings	30-03.50
28	Jorgensen, Samantha	12	Forest Lake	30-03.50
30	Koudelka, Katelin	9	Hastings	29-04.75
31	Boyanova, Dayana	10	Park	29-01.00
32	Alleman, Bailey	11	Hastings	28-02.00
33	Boetcher, Abby	11	Hastings	25-07.00
--	Schaff, Theresa	10	Park	ND

Event 33 Girls Discus Throw

=====

SEC: R 124-08 2005

Becky Alexander, Forest Lake

Name	Year	School	Finals	Points
1 Guenther, Angie	11	White Bear L	135-01R	12
2 Stoltz, Natalie	12	Mounds View	122-09	10
3 Anderson, Samantha	11	Forest Lake	120-05	8
4 Holmes, Amy	12	Forest Lake	117-01	6
5 Koltveit, Jerri	12	Park	113-10	5
6 Guenther, Samantha	12	White Bear L	112-08	4
7 Buberl, Torie	12	Stillwater A	111-01	3
8 Oliver, Cristi	9	Mounds View	104-10	2
9 Tillman, Kat	10	Mounds View	99-00	1
10 Ojczyk, Anna	9	White Bear L	95-06	
11 Bethke, Megan	9	Mounds View	95-00	
12 Nelson, Kirsten	12	Mounds View	94-08	
13 Benson, Margaret	10	Roseville Ar	93-04	
13 Sikich, Tessa	12	Park	93-04	
15 Halbur, Bri	10	East Ridge	91-11	
16 Berube, Alea	10	Park	90-06	
17 Sutton, Bella	9	Mounds View	90-05	
18 Kylo, Vicky	12	Stillwater A	87-07	
19 Wilson, Kaeleigh	12	East Ridge	86-09	
20 Martin, Hanah	10	Hastings	85-11	
21 Pascale, Katheryn	9	Roseville Ar	84-10	
22 Nygaard, Erica	10	Forest Lake	84-08	
23 Plaisance, Tori	11	Forest Lake	83-05	
24 Church, Becky	10	Hastings	82-10	
25 Rock, Allyson	9	Woodbury	80-01	
26 Ito, Lisa	10	Mounds View	79-06	
27 Nguyagwa, Anita	9	Roseville Ar	78-02	
28 Schwartz, Hannah	8	Park	77-05	
29 Brown, Nicolette	11	East Ridge	76-01	
30 Howard, Alex	10	Forest Lake	75-00	
31 Beckman, Ana	12	Stillwater A	73-01	
32 Poss, Jacqulyn	10	Roseville Ar	71-02	
33 Hedlund, Ashley	10	Hastings	68-05	
34 Alston, Olivia	9	Woodbury	67-10	
35 Eggert, Alex	10	Hastings	66-06	
36 Sevold, Allyson	12	Woodbury	65-01	
37 Storvick, Erika	11	Woodbury	60-03	
-- Munson, Shayla	9	White Bear L	ND	
-- Weidner, Maddie	10	Stillwater A	ND	

## Event 36 Boys Shot Put

SEC: R 64-04.50 2003

Nate Englin, Mounds View

Name	Year	School	Finals	Points
1 Royce, Charlie	12	Forest Lake	53-10.50	12
2 King, Brian	11	White Bear L	50-09.00	10
3 Frey, Jacob	12	Roseville Ar	49-10.50	8
4 Elmer, Mitch	12	Stillwater A	47-09.00	6
5 Rotto, Torsten	12	Woodbury	47-02.00	5
6 Larson, Scot	12	Forest Lake	46-07.50	4
7 Lane, Hayden	12	Forest Lake	46-00.50	3
8 Wildes, Matt	11	Mounds View	44-06.50	2
9 McClain, Josh	10	Woodbury	42-10.50	1
10 James, Maconel	11	Cretin-Derha	42-06.00	
11 Giere, Kyle	10	Mounds View	42-04.00	
12 Lundeen, John	10	Mounds View	42-02.50	
13 Lindahl, Justin	12	Woodbury	41-09.50	
14 Reyes, Zack	10	Forest Lake	41-07.50	
15 Schmidt, Kyle	10	Woodbury	41-04.50	

16	Hubman, Tyler	10	White Bear L	41-03.50
17	Karnwie-Tuah, Ayier	11	Mounds View	41-02.00
18	Neuenfeldt, Will	10	East Ridge	40-09.50
18	Flesland, Nick	10	White Bear L	40-09.50
18	Jones, Jordan	12	Park	40-09.50
21	Pouliot, Jake	10	East Ridge	40-05.00
22	Kazmieczak, Kyle	11	Stillwater A	40-02.00
23	Salkowicz, Nick	12	Stillwater A	39-08.00
24	Archambeau, Cody	12	Park	39-06.00
25	Broskoff, Mike	10	Park	38-08.50
26	Howard-Dominguez, Antoni	12	Park	38-07.00
27	Newsome, Marcus	10	Roseville Ar	38-06.00
28	Burbach, Alex	10	Stillwater A	37-09.00
29	Henschel, Lucas	11	White Bear L	37-07.50
30	Wright, Matt	12	Roseville Ar	37-03.00
31	Kelly, Marcus	11	East Ridge	36-11.50
32	Frey, Josh	11	Roseville Ar	36-01.00
33	Herman, Luke	10	Cretin-Derha	34-06.50
34	Behny, Tory	9	Hastings	33-08.50
35	Gomes, Ben	10	Hastings	30-03.00
--	Myers, Dylan	11	Hastings	ND
--	Pederson, Andrew	10	Cretin-Derha	ND
--	Roden, Don	12	Mounds View	ND

Women - Team Rankings - 18 Events Scored

1)	Mounds View	211	2)	Stillwater Area	154.50
3)	Roseville Area	141.50	4)	White Bear Lake Area	101
5)	Woodbury	100.16	6)	East Ridge	92.16
7)	Forest Lake	72.50	8)	Park	59.16
9)	Cretin-Derham Hall	50	10)	Hastings	10

Men - Team Rankings - 18 Events Scored

1)	Stillwater Area	186.50	2)	Roseville Area	168
3)	Forest Lake	139	4)	White Bear Lake Area	122
5)	Park	115.50	6)	Woodbury	82
7)	East Ridge	64	8)	Mounds View	53.50
9)	Cretin-Derham Hall	27	10)	Hastings	25.50